

Data Description

2024 年度プロジェクト : DB2024-15

Data Number (will be filled by the Commons Center)	DPPSCdbp_2024-15en
Title	Building a Database of Letters to Future Self
Creator	Yuta Chishima (Institute of Human Sciences, University of Tsukuba)
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Summary (Subject and/or Methodology for generation)	<p>【Columns】</p> <ul style="list-style-type: none"> ・ID: Individual number 1-2415 ・条件 (condition): 1=1 month later, 2=1 year later, 3=10 years later ・年齢 (age): 1=15-19 years old, 2=20-24 years old, 3=25-29 years old, 4=30-34 years old, 5=35-39 years old ・性別 (gender): 1=Male, 2=Female ・職業 (employment): 1=Employed (Regular/Self-employed), 2=Employed (Non-regular), 3=Unemployed/Housewife, 4=Student ・手紙に意味を感じる程度 (meaningful letter): 1=Strongly disagree to 5=Strongly agree ・手紙に励まされると思う程度 (supportive letter): 1=Strongly disagree to 5=Strongly agree ・トピック番号 (topic number): Numerical value corresponding to topic name. Different for each condition. ・x 軸 (x-axis): X-axis coordinate used for database mapping ・y 軸 (y-axis): Y-axis coordinate used for database mapping <p>【Instructions】</p> <ul style="list-style-type: none"> ・手紙 (letter): What do you imagine your life will be like 1 month (or 1 year/10 years) from now? Please write a letter to "yourself in 1 month (or 1 year/10 years)." *Please write at least 100 characters. (The setting allows you to write up to 500 characters.)

	<p>・手紙に意味を感じる程度 (meaningful letter): To what extent do you agree with the following statement: I find what I wrote to be meaningful.</p> <p>・手紙に励まされると思う程度 (supportive letter): To what extent do you agree with the following statement: Reading this letter in 1 month (or 1 year/10 years) would be supportive.</p>
Update History (Versions, File names, Dates)	Version 1 • opendata • April 7th 2025
Data formats	csv
Data sizes	895KB
Things to be aware of when using the data (e.g., required metadata)	N/A
Related reports and/or papers	<p>futureletters (Database website using this data)</p> <p>https://chishimalab.github.io/futureletters/</p>
Other remarks	N/A